BOARS HEAD COLD CUT SANDWICHES

Served on a Roll, Bread, White, Rye, Whole Wheat

EXTRAS

Lettuce or Tomato $.50 ▪ Bacon $ 2.49 Roasted ▪ Red Peppers $.75 ▪ Onions $.50 ▪ Jalapenos $.50
Fresh Mozzarella Roll $1.00 - Cole Slaw $.75 ▪ Cheese $1.00 ▪ Avocado $2.49, Guacamole $3.00
Pico de Gallo $2.00 ▪ Hero $2.50 ▪ Panini $1.50 ▪ Wrap $1.00 ▪ Bagel $1.00 ▪ Garlic Hero $3.00

BOLOGNA	$ 6.99	TURKEY BREAST	$ 7.99
VIRGINIA HAM	$ 7.99	HAM CAPPY	$ 7.99
HAM	$ 7.99	B.L.T.	$ 7.49
GENOA SALAMI	$ 7.49	PEPPERONI	$ 6.99
HONEY GLAZED TURKEY	$ 7.99	PEPPERMILL TURKEY	$ 7.99
MESQUITE SMOKED TURKEY	$ 7.99	GRILLED CHICKEN CUTLET	$ 7.49
ROAST BEEF	$ 8.49	FRIED CHICKEN	$ 7.49
PASTRAMI	$ 8.99	CHICKEN BREAST BUFFALO OR CLASSIC	$ 7.99

CHEESES

American ▪ Cheddar ▪ Monterey Jack ▪ Muenster ▪ Provolone ▪ Alpine Lace Swiss
Finlandia Swiss ▪ Fresh Mozzarella ▪ Pepper Jack ▪ Slicing Mozzarella

BEVERAGES

HOT COFFEE *FRESHLY GROUND REGULAR, DECAF* TEA HERBAL *REGULAR & DECAF* HOT CHOCOLATE

Iced Brews

ICED COFFEE: *REGULAR, FRENCH VANILLA & HAZELNUT* ICED DECAF: *REGULAR & FRENCH VANILLA*
SMALL - MEDIUM - LARGE - JUMBO

ICED TEA: *REGULAR, UNSWEETENED & ARNOLD PALMER* LEMONADE
SMALL - MEDIUM - LARGE - JUMBO

MANGO DRAGON FRUIT LEMONADE
SMALL - MEDIUM - LARGE - JUMBO
A large selection of bottle juices & bottles sodas

DESSERTS

HOMEMADE MUFFINS • RICE PUDDING • BLACK & WHITE COOKIES • BANANA NUT BREAD • BROWNIES • YOGURT • COOKIES
CHEESE CAKE • PLAIN & MARBLE POUND CAKES • BANANA BREAD PUDDINGS

SMOOTHIES & ACAI BOWLS

SMOOTHIES 24oz $7.99 ACAI SMOOTHIES 24oz $8.99 ACAI BOWLS 16oz $10.49

PINA COLADA *PINEAPPLE JUICE, PINEAPPLE, COCONUT & LIME JUICE*
COOKIES & CREAM *BANANA, VAINILLA, MILK, YOGURT, CHOCOLATE OREOS*
DULCE'S FAVORITE *MANGO, PEACH, YOGURT, HONEY & LIME JUICE*
TROPICAL BREEZE *PINEAPPLE, MANGO, COCONUT, MILK & HONEY*
GET UP AND GO *STRAWBERRY, COCONUT, BANANA, YOGURT & HONEY*
PEANUT BUTTER *BANANA, MILK, BROWN SUGAR & YOGURT*
TROPICAL *PINEAPPLE, MANGO, BANANA & HONEY*
BERRY POWER *BLUEBERRY, YOGURT; BANANA & HONEY*
CARIBBEAN PASSION *MANGO, PEACH, STRAWBERRY & PASSION FRUIT JUICE*
ACAI *FROZEN ACAI, BLUEBERRY, ORANGE JUICE, BANANA, STRAWBERRY & HONEY*
MAKE YOUR OWN ACAI BOWL *INCLUDED TOPPINGS BLUEBERRY, BANANA, GRANOLA, COCONUT, STRAWBERRY & HONEY*
ADD-ONS *MANGO, PEANUT BUTTER, CHOCOLATE CHIPS, CHIA SEEDS, FLAX SEEDS* $ 1.25
POWER UP YOUR SMOOTHIE *WHEY PROTEIN* $ 2.00

HOMEMADE SALAD SANDWICHES

CHICKEN	$ 7.99	TUNA	$ 7.99	EGG	$ 6.49
VEGGIE TUNA	$ 7.99	CRANBERRY CHICKEN	$ 7.99		

HOMEMADE SALADS

POTATO • MACARONI • COLE SLAW • BLACK BEAN & CORN • ANTIPASTO • THREE BEANS • ITALIAN TRICOLOR CHICKEN
MEDITERRANEAN CHICKPEA • TORTELLINI • CUCUMBER • GRILLED CHICKEN CEASAR PASTA

CREATE YOUR OWN SALAD

SMALL $6.50 • LARGE $8.50 • CHOP $1.00 • WRAP $6.50
Romaine ▪ Iceberg ▪ Arugula $0.50 ▪ Mesclun Greens $0.50 ▪ Spinach $0.50

FREE TOPPINGS (CHOOSE 5)

Apples ▪ Carrots ▪ Roasted Corn ▪ Halapeños ▪ Celery ▪ Mushrooms ▪ Chickpeas
Sun Dried Tomatoes ▪ Beets ▪ Croutons ▪Peppers ▪ Sunflower Seeds ▪ Black Beans ▪ Cucumbers
Raisins ▪ Tomatoes ▪ Broccoli ▪ Green Olives ▪ Red Onions

$1.00 TOPPINGS

Avocado $2.00 ▪ Bleu Cheese ▪ Kalamata Olives ▪ Egg Whites ▪ Feta Cheese ▪ Goat Cheese ▪ Hard Boiled
Regular Mozzarella ▪ Roasted Peppers ▪ Roasted Baby Bella ▪ Sun Dried Cranberries ▪ Walnuts ▪ Bacon $2.00

$4.00 TOPPINGS

Blackened Chicken ▪ Breaded Chicken Cutlet ▪ Chicken Salad ▪ Egg Salad ▪ Grilled Chicken ▪ Roasted Vegetables
Cold Cuts ▪ Shrimp $6.00 ▪ Tuna Salad ▪ Veggie Tuna ▪ 6oz Steak $5.00 ▪ 6oz. Grilled Salmon $9.99

HOMEMADE DRESSINGS

Balsamic Vinaigrette ▪ Creamy Italian ▪ Oil & Vinegar ▪ Thousand Island ▪ Bleu Cheese ▪ Golden Italian
Ranch ▪ Creamy Caesar ▪ Honey Mustard ▪ Raspberry Vinaigrette ▪ Low Fat Italian ▪ Country French
Oil & Balsamic ▪ Red Wine Vinaigrette ▪ Low Fat Ranch ▪ Extra Dressings $1

HOMEMADE SOUPS

16oz. $6.99
CHICKEN NOODLE • SPLIT PEA • PASTA FAGIOLI • LENTIL • MINESTRONE

CHICKEN WINGS

Mild ▪ Medium ▪ Hot ▪ BBQ
5 WINGS $6.99 10 WINGS $13.95 15 WINGS $19.99

BURGERS

Served on grilled brioche bun, with side of regular French fries & a choice of Ice tea or lemonade. Substitute fries $1.00 (sweet potato fries, seasoned fries, tater tots, onion rings)

AMIA'S AMERICAN, LETTUCE, TOMATO, ONIONS, AMIAS SAUCE	$ 14.99
BRIDGESIDE BACON, CHEDDAR CARAMELIZED ONIONS, BARBECUE SAUCE	$ 14.99
ATOMIC BACON, PEPPER JACK CHEESE, SAUTEED JALAPEÑOS, CHIPOTLE AIOLI	$ 14.99

Toppings: Cheese $1.00 ▪ Bacon $.249 ▪ Eggs $.99 ▪ Mushrooms $1.00 ▪ Avocado $249

SIDES

	Small	Large
SEASONED FRENCH FRIES	$ 4.00	$ 4.99
ONION RINGS	$ 4.00	$ 4.99
SWEET POTATO FRIES	$ 4.00	$ 4.99
MOZZARELLA STICKS	(6)$ 6.99	(12)$ 9.99
MACARONI & CHEESE	$ 4.99	$ 5.99
TATER TOTS	$ 4.00	$ 4.99

THE DELICACIES OF MEXICO

QUESADILLAS

CHICKEN $ 11.99 STEAK $ 13.99 SHRIMP $ 13.99
MOZZARELLA, PEPPER JACK, ONIONS & SCALLIONS
VEGGIE $ 9.99
ROASTED CORN, BLACK BEANS, ONIONS, RED PEPPER, MUSHROOMS, CHEDDAR & MOZZARELLA CHEESE
Add Guacamole $3.00 Add Pico De Gallo $2.00

TACO BOWLS

RICE, LETTUCE, BLACK BEANS, MONTERREY & CHEDDAR CHEESE, PICO DE GALLO, CORN, AVOCADO, SOUR CREAM & SPICY CREAMY CILANTRO DRESSING OR SUBSTITUTE FOR "CHIPOTLE, AMIA'S, SAUCE, CHIMICHURRI
SHRIMP $ 14.99 STEAK $ 14.99 CHICKEN $ 13.99 SALMON $ 16.99

BURRITOS

WRAPPED IN A SOFT FLOWER TORTILLA WITH WHITE RICE, BLACK BEANS, MELTED MONTERREY & CHEDDAR CHEESE, PICO DE GALLO, & ONE SAUCE, (SPICY CREAMY CILANTRO, CHIPOTLE, AMIA'S, CHIMICHURRI
SHRIMP $ 12.99 STEAK $ 12.99 CHICKEN $ 11.99 SALMON $ 14.99

Bridgeside DELICATESSEN & CATERING

WE DELIVER

BREAKFAST - LUNCH - DINNER

1156 Atlantic Ave. Baldwin, NY 11510
www.bridgesidedeli.com
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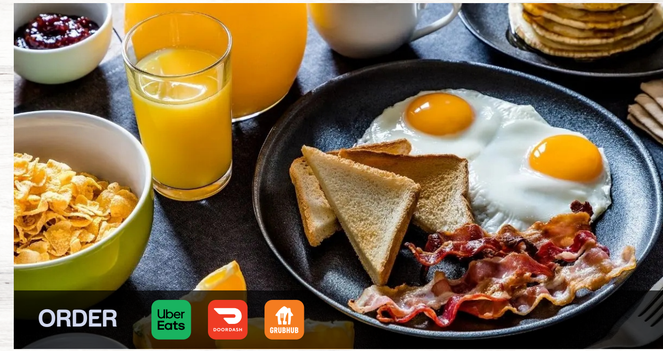
Let Us Cater For Your Next Home or office Party

We use black label chicken breast (all natural, no artificial ingredients)
All Boars head cold cuts and cheese, Hellmans Mayo & Baked-Fresh Bread.



YOU CAN ALSO VISIT US

Amia's Delicatessen
343 Merrick Ave., East Meadow NY 11554
www.AmiasDelicatessen.com
516-280-3157
Text 516 284-4430 Fax 516 280-3158

BREAKFAST

2 EGGS	$ 3.49	2 EGGS & CHEESE	$ 4.49
2 EGGS W/ HAM OR SAUSAGE			$ 4.99
2 EGGS W/ BACON			$ 5.49
2 EGGS W/ HAM OR SAUSAGE & CHEESE			$ 5.99
2 EGGS W/ BACON & CHEESE			$ 6.49
2 EGGS W/ STEAK CHEESE			$ 6.49
2 EGGS W/ TURKEY & CHEESE			$ 6.49
3 EGGS WHITES			$ 4.49
GRILLED CHEESE			$ 5.49
SPANISH CHORIZO HERO W/EGGS, BLACK BEAN, ONIONS, PEPPERS, TOMATO & MOZZARELLA			$ 10.99
HUNGRY MAN HERO W/EGGS, BACON, HAM, SAUSAGE & CHEESE			$ 10.99
MORNING PHILLY STEAK, PEPPERS ONIONS AMERICAN CHEESE			$ 10.99
THE EAST MEADOW HERO W/EGGS, BACON, AVOCADO, HASH BROWNS & MOZZARELLA			$ 10.99

Turkey Sausage, Turkey Bacon & Beef Sausage Available

TRY OUR NEW BREAKFAST CHOICES

THE HARLEY VILLA FRIED EGGS, BACON, A BURGER PATTY (MIXED OF BREAKFAST SAUSAGE AND BEEF) SMASHED HASH BROWN, AMERICAN CHEESE BRIOCHE BUN	$ 10.99
"THE SMASHED" FRIED EGGS, SMASHED AVOCADO, PICO DE GALLO SALT AND PEPPER ON A TORSTED ENGLISH MUFFIN	$ 7.49
THE MORNING TOAST OPEN FACE WHOLE WHEAT TOAST , SMASHED AVOCADO, SLICED TOMATO, FETTA CHEESE SUNNY UP EGGS	$ 8.99
THE SUNSHINE FRIED EGGS, CRISPY MAPLE BACON , MUENSTER CHEESE ON A CROISSANT	$ 7.99

FLAVOR CREAM CHEESES AVAILABLE

Plain $ 2.99 ▪ Flavor $ 3.99

SCALION CREAM CHEESE • VEGETABLE CREAM CHEESE

BAGEL CHOICES

PLAIN • EVERYTHING • CINNAMON RAISIN • EGG • EGG EVERYTHING • POPPY • SESAME • WHOLE WHEAT • ONION

Buy a Dozen Bagels $ 13.99

GOURMET OMELETTES

Served on a platter w/ Toast, Home Fries or Hash Browns

AMIA'S: EGGS, TURKEY, AVOCADO, ALPINE SWISS & SALSA	$ 11.49
GREEK: EGGS, SPINACH, BLACK OLIVES, RED ONIONS & FETA	$ 10.99
WESTERN: EGGS, HAM, PEPPERS & ONIONS	$ 10.99
SPANISH: EGGS ONIONS, PEPPERS & TOMATOES	$ 10.99
VEGGIE: EGGS, BROCCOLI, MUSHROOMS, PEPPERS, ONIONS & BLACK OLIVES	$ 10.99

GOURMET HEALTHY WRAPS

$8.99

ADDY'S: EGG WHITES, TURKEY, AVOCADO & ALPINE SWISS
JP'S: EGG WHITES, 1 REG EGG , GRILLED CHICKEN & ALPINE SWISS
BEACH BODY: EGG WHITES, TURKEY, SPINACH & FETA CHEESE
VEGETARIAN: EGG WHITES, MUSHROOMS, BROCCOLI, SPINACH, PEPPERS & ONIONS
LONG ISLAND: EGG WHITES, CRACKED PEPPER TURKEY, MUENSTER CHEESE & LOW FAT SPICY MAYO
MERRICK AVE.: EGGS, BACON, HASH BROWN, AMERICAN CHEESE
FRONT STREET: EGGS, SAUSAGE, HASH BROWNS, SOUR CREAM, SALSA & PEPPER JACK CHEESE

HOMEMADE MUFFINS

CORN, BLUEBERRY, CHOCOLATE CHIP, BANANA NUT

Add Butter $.50

FRESH MADE PANCAKES

Served with butter, syrup, light dusting of powdered sugar, 2 Eggs and a choice of Bacon, Sausage or Ham

CLASSIC	$ 9.99	BLUEBERRY	$ 10.99	STRAWBERRY	$ 10.99
BANANA	$ 10.99	CHOCOLATE CHIP	$ 10.99	FRENCH TOAST	$ 10.99
		CHOCOLATE OREO	$ 10.99		

HOT OATMEAL

Included Toppings: Raisins, Dries Cranberries, Brown Sugar and Cinnamon

SMALL $3.99 LARGE $4.99

Add for $1.00 Bananas, Apples or Granola

AMIA´S FOOT LONG HEROS

#1 GATES AVE CHICKEN CUTLET, BACON, MELTED MOZZARELLA, AVOCADO, TOMATO, RED ONION, MAYO, BALSAMIC VINAIGRETTE ON A GARLIC HERO	$ 14.49
#2 FRANCIS DR GRILLED MARINATED SLICED STEAK, SMOKED GOUDA CHEESE, RED ONION, LETTUCE, TOMATO & CHIPOTLE MAYO	$ 14.49
#3 JEFFREY AVE CHICKEN CUTLET, BACON, AMERICAN CHEESE, LETTUCE, TOMATO W/AMIA'S, HOMEMADE SAUCE	$ 13.49
#4 GREEN AVE GRILLED CHICKEN, FRESH MOZZARELLA, ROASTED PEPPERS & BALSAMIC VINAIGRETTE SERVED ON A WHOLE WHEAT HERO	$ 13.49
#5 BERG AVE HONEY TURKEY, ALPINE SWISS, COLESLAW & AMIA'S HOMEMADE SAUCE	$ 13.49
#6 VINCENT DR FRENCH DIP BEEF SERVED W. OLIVE OIL, ARUGULA, MOZZARELLA & FRENCH DIP SAUCE ON SIDE	$ 14.49
#7 OLD MILL RD "GROUND CHUCK", PEPPERS, ONIONS, AMERICAN CHEESE, LETTUCE, TOMATO, MAYO & KETCHUP	$ 13.49
#8 PETERS AVE ROAST BEEF, BACON, MELTED MOZZARELLA ON GARLIC HERO & AMIA'S OMEMADE SAUCE	$ 13.99
#9 GREEN VALLEY AVE ROAST BEEF, TURKEY, VIRGINIA HAM, PEPPER JACK CHEESE, LETTUCE, TOMATO & AMIA'S HOMEMADE SAUCE	$ 13.99
#10 CHICKEN CUTLET MOZZARELLA, GUACAMOLE, PICO DE GALLO, SERVED ON A WHOLE WHEAT GARLIC HERO, MAYO	$ 13.99
AMIAS NEW CAJUN GRILLED CHICKEN, PEPPER JACK CHESSE, TOMATO, AVOCADO, CAJUN RANCH	$ 13.99
THE VODKA CUTLET CHICKEN CUTLET, MELTED MOZZARELLA, VODKA SAUCE ON A TOASTED HERO	$ 14.99
THE CUBAN PERNIL, VIRGINIA HAM, SWISS, PICKLES, SPICY MUSTART ON PRESSED HERO	$ 13.49
BRIDGESIDE PHILLY STEAK MAC'N CHEESE CHOPPED ONION RINGS, CHIPOTLE, AND MELTED SWISS ON A GARLIC HERO $15.99	$ 15.99

SEAFOOD SANDWICHES (HEROS)

Amias Especialty Heros

BEER BATTERED COD FISH FILLET LETTUCE, TOMATO AND TARTAR SAUCE	$ 14.99
JUMBO BREADED SHRIMP LETTUCE, TOMATO AND TARTAR SAUCE	$ 14.99
SHRIMP PARMIGIANA HOMEMADE TOMATO OR VODKA SAUCE, SAUCE & MELMED MOZZARELLA CHEESE ON TOASTED HERO	$ 15.99

CLASSIC FOOT LONG HEROS

#11 MONTECRISTO HAM, TURKEY, MELTED SWISS, LETTUCE, TOMATO, & RUSSIAN DRESSING ON A TOASTED HERO	$ 13.49
#12 TURKEY CLUB TURKEY, BACON, LETTUCE, TOMATO & AMIA'S HOMEMADE SAUCE	$ 13.49
#13 PHILLY CHEESE STEAK ROAST BEEF, AMERICAN CHEESE, ONIONS & PEPPERS ON A TOASTED HERO	$ 13.99
#14 CHICKEN PARM CHICKEN CUTLET, HOMEMADE TOMATO SAUCE & MELTED MOZZARELLA	$ 13.99
#15 EGGPLANT PARM BREADED EGGPLANT, HOMEMADE TOMATO SAUCE & MELTED MOZZARELLA	$ 13.49
#16 MEATBALL PARM HOMEMADE MEATBALLS & TOMATO SAUCE W/MELTED MOZZARELLA	$ 14.49
#17 RUEBEN HOT PASTRAMI, SAUERKRAUT, MELTED SWISS W/RUSSIAN DRESSING	$ 14.99
#18 CHICKEN RANCH CHICKEN CUTLET, MONTEREY JACK CHEESE, LETTUCE, TOMATO & RANCH DRESSING	$ 13.49
#19 HOT PASTRAMI LETTUCE, TOMATO, MAYO-SWISS	$ 14.49
#20 ITALIAN HAM, HAM CAPPY, PEPPERONI, SALAMI, PROSCIUTTO, PROVOLONE, LETTUCE, TOMATO, ONION, ITALIAN DRESSING	$ 13.99

PANINI

P21 CHICKEN CUTLET, CRUMBLED BLEU CHEESE, BLEU CHEESE DRESSING , SHREDDED CARROTS & BUFALO SAUCE	$ 12.99
P22 BREADED EGGPLANT, FRESH MOZZARELLA, ROASTED PEPPERS, MESCLUN GREENS, TOMATO, W/BALSAMIC VINAIGRETTE	$ 12.99
P23 GRILLED ZUCCHINI, SQUASH, EGGPLANT, PORTOBELLO MUSHROOMS, ROASTED PEPPERS, ARUGULA, FRESH MOZZARELLA & BALSAMIC GLAZE	$ 12.99
P24 SHRIMP, AVOCADO, BACON, TOM, SWISS CHEESE, ROASTED GARLIC AOLI	$ 13.99
P25 FLANK STEAK, AVOCADO, JALAPENOS, RED ONION W/SPICY AIOLI MAYO, ARUGULA	$ 13.99
P26 SMOKED TURKEY, BACON, CHEDDAR, AMIA'S HOMEMADE SAUCE	$ 12.99
P27 GRILLED CHICKEN, FRESH MOZZARELLA, ROASTED PEPPERS, TOMATO, MESCLUN GREENS & BALSAMIC VINAIGRETTE	$ 12.99
P28 GRILLED CHICKEN, FRESH MOZZARELLA, ROASTED PEPPERS, ARUGULA BALSAMIC PESTO SAUCE	$ 12.99
OSWEGO ST BLACKENED CHICKEN, CRISPY MAPLE BACON, MONTERREY JACK CHEESE, GRILLED RED ONIONS SPICY MAYO ON GRILLED FLAT BREAD	$ 12.99
DALE AVE VIRGINIA HAM, SWISS CHEESE, PICKLES, TOMATO & HERB MAYO ON GRILLED FLAT BREAD	$ 12.99
APPLE LN CHICKEN CUTLET, CARAMELIZED ONIONS, CHEDDAR CHEESE & BBQ SAUCE ON GRILLED FLAT BREAD	$ 12.99
PLUM LN GRILLED CHICKEN, SAUTEED BROCCOLI RABE, ROASTED PEPPERS, FRESH MOZZARELLA AND BALSAMIC DRESSING ON CIABATTA	$ 12.99
MITCHELL AVE CHICKEN CUTLET, PEPPERONI, MOZZARELLA, ROASTED PEPPER, RED ONION HERB MAYO ON CIABATTA	$ 12.99
SPRING ST ARTICHOKES HEARTS, SUNDRIED TOMATOES, ROASTED PEPPERS ARUGULA, HERB MAYO ON FOCACCIA BREAD	$ 12.99
CORAL RD PORTOBELLO MUSHROOMS, MUENSTER CHEESE, ROASTED PEPPER & CARAMELIZED ONION ON FOCACCIA	$ 12.99
MEADOW LN CHICK PEAS, PICO DE GALLO, AVOCADO, FETA CHEESE & ARUGULA ON FOCACCIA	$ 12.99
ROSE LN HAM, CAPPY HAM, PEPPERONI, SALAMI, PROSCIUTTO, PROVOLONE, LETTUCE, TOMATO, ONIONS & HERB MAYO ON FOCACCIA	$ 12.99
ATLANTIC AVE: BREADED CHICKEN CUTLET, GRILLED PINEAPPLE, MAPLE BACON, MONTEREY JACK, CHIPOTLE MAYO ON CIABATTA	$ 14.99
BALDWIN HARBOR: MOJO SLOW ROASTED PORK, FRESH CILANTRO, MONTEREY JACK, RED ONIONS, JALAPEÑOS & ROASTED GARLIC MAYO ON CIABATTA	$ 14.99
MILBURN CREEK: SLICED RIPE TOMATO, FRESH MOZZARELLA CHEESE, MESCLUN LETTUCE, MAPLE SYRUP BASIL PESTO ON CIABATTA	$ 13.99
EASTERN BLVD: TURKEY, BACON, MONTERREY JACK, TOMATO, GUACAMOLE & CHIPOTLE MAYO ON CIABATTA	$ 14.99

WRAPS

Amia's Homemade Dressing is Mayo Based

W29 CHICKEN CUTLET, BACON, MOZZARELLA, AMIA'S HOMEMADE SAUCE	$ 11.49
W30 CHICKEN CUTLET, BACON, LETTUCE, TOMATO, JACK CHEESE & RANCH DRESSING	$ 11.49
W31 GRILLED CHICKEN, PARMESAN CHEESE, ROMAINE LETTUCE, & CAESAR DRESSING	$ 11.49
W32 BREADED EGGPLANT, ROMAINE LETTUCE,ROASTED PEPPERS, MOZZARELLA & BALSAMIC VINAIGRETTE	$ 11.49
W33 TURKEY, AVOCADO, BACON, MUENSTER CHEESE, ARUGULA & SPICY AIOLI MAYO	$ 12.99
W34 TUNA FISH SALAD, LETTUCE, TOMATO, ONIONS, RED WINE OIL & VINEGAR	$ 11.49
W35 CHICKEN SALAD, LETTUCE, TOMATO & AMERICAN CHEESE, BACON	$ 11.49
W36 ROAST BEEF, SWISS CHEESE, LETTUCE, TOMATO & HORSE RADISH DRESSING	$ 11.49
W37 TURKEY, APPLES, CRANBERRIES, ARUGULA, MOZZARELLA CHEESE & MAYO	$ 11.49
W38 SHREDDED CHICKEN CUTLET, CARROTS, CELERY, GORGONZOLA BLEU CHEESE & BUFFALO SAUCE	$ 11.49
W39 GRILLED CHICKEN, FETA CHEESE, BLACK OLIVES, LETTUCE, TOMATO, RED ONIONS & HOMEMADE BALSAMIC VINAIGRETTE	$ 11.49
W40 CHICKEN FINGERS, ROMAINE LETTUCE, TOMATO, CHEDDAR & HONEY MUSTARD	$ 11.49
W41 CRANBERRY CHICKEN SALAD ARUGULA, JACK CHEESE, SERVER ON A WHOLE WHEAT WRAP	$ 11.49
W42 BREADED CHICKEN CUTLET, MAPLE BACON, PEPPER JACK CHEESE, GUACAMOLE , MAYO ON A PRESSED	$ 13.99

GARDEN FRESH SALAD

	Small	Large
GRILLED CHICKEN CAESAR ROMAINE, CROUTONS, PARMESAN CHEESE, CAESAR DRESSING	$ 8.99	$ 11.99
BRIDGESIDE MESCLUN, APPLES, BEETS, CARROTS, CUCUMBERS, ROASTED CORN, WALNUTS, GOAT CHEESE & BALSAMIC VINAIGRETTE	$ 8.99	$ 11.99
GREEK ROMAINE, CUCUMBER, CARROTS, TOMATOES, RED ONIONS, FETA, KALAMATA OLIVES & RED WINE VINAIGRETTE	$ 8.99	$ 11.99
CHEF ICEBERG , CARROTS, TOMATOES, HARD BOILED EGG, HAM, ROAST BEEF, TURKEY, SWISS, AMERICAN & THOUSAND ISLAND DRESSING	$ 9.99	$ 12.99
COBB ICEBERG , TOMATOES, BACON, ROASTED CORN, HARD BOILED EGG, BLUE CHEESE, GRILLED CHICKEN & RED WINE VINAIGRETTE	$ 9.99	$ 12.99
MAMA B MESCLUN GREENS, TOMATOES, ROASTED PEPPERS, MOZZARELLA, CRISPY EGGPLANT & BALSAMIC VINAIGRETTE	$ 8.99	$ 11.99
CAPRESE ARUGULA, FRESH MOZZARELLA, ROASTED PEPPERS, CHERRY TOMATOES & BALSAMIC VINAIGRETTE	$ 8.99	$ 11.99
MIA'S FAVORITE ARUGULA, APPLE, GOAT CHEESE, WALNUTS, CRANBERRIES & HONEY BALSAMIC VINAIGRETTE	$ 8.99	$ 11.99
GRILLED PORTOBELLO MIXED GREENS, ROASTED PEPPERS, TOASTED SUN FLOWER SEEDS SHREDDED MOZZARELLA WITH BALSAMIC DRESSING	$ 8.99	$ 11.99
"AVOCADO " GRILLED CHICKEN, ICEBERG LETTUCE, SHREDDED MOZZARELLA, TOASTED ALMONDS, CHERRY TOMATOES WITH BALSAMIC DRESSING	$ 12.99	$ 14.99
STRAWBERRY & BLUEBERRY MIXED GREENS, CRANBERRIES, PISTACHIOS, AVOCADO, FETA CHEESE WITH RASPBERRY VINAIGRETTE	$ 11.99	$ 13.99
GRILLED SHRIMP ROMAINE LETTUCE, AVOCADO, CHERRY TOMATOES, CORN, RED ONIONS, CUCUMBERS WITH CILANTRO VINAIGRETTE	$ 13.99	$ 15.99
APPLE SALAD MIXED GREENS, AVOCADO, WALNUTS, CRANBERRIES, CRISPY MAPLE BACON, HONEY BALSAMIC VINAIGRETTE	$ 8.99	$ 11.99
CHICKEN CUTLET SPINACH, BEETS, FRESH MANGO, AVOCADO, PECANS HONEY MUSTARD DRESSING	$ 8.99	$ 11.99
SALMON 6 OZ PAN SEARED SALMON , ARUGULA, FRESH MANGO, AVOCADO, CHERRY TOMATOES, WITH SWEET & SPICY MANGO DRESSING	$ 14.99	$ 16.99